

# Don't allow ill staff to handle foods

Access and download free Food Safety material at [www.ufs.com](http://www.ufs.com)

[ufs.com](http://ufs.com)



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Remember, defrosted food  
should not be refrozen

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# Clean and sanitized preparation areas reduce food safety hazards

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# Washing hands prevents contamination

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Keep raw and cooked food  
separate to avoid contamination

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Hold hot food at or above 60°C  
Hold cold foods below 5°C

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Cook food items thoroughly  
at or above 75°C

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